



News and Information for Foreign Services Employees and Families

## 2008 Federal Employees Health Benefits (FEHB) Program

By Paula S. Jakub, RHU

*Federal Benefits  
Open Season is  
November 12  
through  
December 10,  
2007*

The 2008 FEHB premium rates are out and, surprisingly, the news is good! The Office of Personnel Management (OPM) reported the average premium increase in 2008 for employees and retirees enrolled in the FEHB Program is 2.9%, ensuring that about 91% of enrollees will have a premium increase of less than 10% this year. The Government will pay an average 72% of the premiums.

The new FEHB premiums will take effect in January 2008. FEHB Program enrollees who have Self Only coverage will pay an average of \$1.58 more bi-weekly, while those with Self and Family coverage will pay an average of \$4.11 more bi-weekly.

Mailhandlers High Option will no longer be available beginning in 2008. The High Option will merge into Mailhandlers Standard Option. Enrollees will be covered under the Standard Option, unless they make an Open Season change.

### **Some things to look for in the 2008 FEHB Plans:**

#### ***Health Information Technology, (HIT)***

The Office of Personnel Management, (OPM), expects Plans to provide enrollees with the tools to make good health care decisions. Enrollees also can obtain up-to-date drug information and check generic pricing. The use of this health information technology will allow the employees to make better-informed decisions in selecting their health plan.

#### ***Promotion of more cost-effective (generic) prescriptions***

Generics are chemically and therapeutically equivalent to a brand-name drug. The Food and Drug Administration must approve all generic versions of a drug and assure that they meet strict quality, strength and purity standards. The main difference between a generic and its brand-name drug is the cost of the product (far cheaper than its brand-name equivalent). In the next few years, several brand drugs will go off patent, resulting in less expensive equivalents in the market: 2007 – Norvasc, Ambien, Paxil, Prilosec 2008 – Fosamax, Zyrtec, Imitrex 2009 – Prevacid, Clarinex. Almost every plan will address generics in one way or another next year.

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*The author is the Vice President of the American Foreign Service Protective Association*

FEHB Open Season (Continued from page 1)

Also, look for: promotion of **adult wellness benefits** through more extensive vaccine benefits and promotion of **child hearing benefits**.

<b>Selected FHEB Plans</b>		
<b>Health Plan</b>	<b>2008 Bi-Weekly Employee Premium</b>	
	<b>Self</b>	<b>Self Family</b>
BCBS Standard	\$62.15	\$145.14
FSBP	\$48.57	\$130.81
GEHA Standard	\$33.28	\$75.62
GEHA High	\$91.47	\$185.44
Mail Handlers Standard	\$52.23	\$111.17

Each year the individual plans of the FEHB Program offer enrollees a benefit package with comprehensive coverage but the plans do vary and it is important to know what your particular plan is doing for 2008. Read **Section 2: How we change for 2008** carefully when you receive your 2008 plan brochure. Do not rely on premium costs alone to make your health plan decision. Especially in the overseas environment, things like extra deductibles and plan allowances for services could end up costing you additional money. Customer service and global coverage are of paramount importance for employees and their families serving in foreign countries.

If you are happy with your Health Plan, you don't need to do anything. However, if you are looking for a change in benefits, service, etc, then perhaps this is the year to research other plans available to you. One of the advantages of the FEHBP is its *Open Season*, allowing employees and retirees to choose a plan that best suits their needs – every year.

**Enrollment Information**

Enrollment will take place through the secure BENEFEDS web site:

<https://www.benefeds.com/>.

**You cannot enroll through the FEHB Program.**

A reminder for employees enrolled in FSAFeds –you must re-enroll each year. New enrollments or re-enrollments must be done through [www.FSAFEDS.com](http://www.FSAFEDS.com) or 1-877-FSAFEDS (1-877-372-3337.)

**The Federal Employees Dental and Vision Insurance Program (FEDVIP)** is in its second year. It is available to Federal employees eligible for the FEHB and annuitants (regardless of FEHB status). There are 4 **Nationwide** and 3 **Regional** dental carriers from which to choose. Additionally, three vision plans are available. Benefits for overseas are subject to Reasonable and Customary (R&C) limits and may be based on overseas out-of-network fee schedules. The premiums will increase an average of 6.1% for dental and 0.7% for vision. Three important things to note:

**These are all voluntary plans**, meaning the individual can decide whether or not to buy coverage. Most people who buy dental coverage know beforehand that they will use the benefits. Utilization or claims will affect the plans' premium.

**The individual pays 100% of the premium.** Unlike the FEHB, where the Federal government pays approximately 72% of your premium, each member will pay the full dental premium without any subsidy.

**The decision to buy voluntary dental insurance should be entered into with prudence.** If you are considering a voluntary dental plan, examine whether the plan is a good financial option. If you use a dentist only for annual exams/cleanings, paying a monthly premium for a dental plan may not be a good choice. On the other hand, if you require more extensive dental care, i.e. root canals, crowns and bridges, then a dental plan may be worth the money. •

*Attention artists and graphic designers submit your ideas...*

## FLO Is Looking for a New Logo Design

**Submit Your  
Logo Design by  
Friday,  
November 30 to:  
[FLO@state.gov](mailto:FLO@state.gov)**

**For more information  
please contact:**

Kathryn Viguerie  
FLO Communications and  
Outreach Coordinator at;  
[viguerieke@state.gov](mailto:viguerieke@state.gov)

In March 2008, the Family Liaison Office will be celebrating its 30th Anniversary. In addition to many planned activities to commemorate the event, FLO would also like to use the anniversary as an opportunity to improve client identification with our programs and services. As part of our effort to raise awareness of FLO's services, we are asking the many talented artists and graphic designers in the Foreign Service community to **help us develop a new FLO logo**. The current FLO logo has not kept up with current advances in graphic technology and doesn't reflect the multitude of services that FLO has been providing for 30 years. The new logo will be launched at the anniversary reception and will be used in all of the promotional materials that are associated with the event as well as in all current and future FLO publications. Expenses will be paid for the designer of the logo we select to attend the 30th Anniversary event in Washington, D.C.

### Guidelines for Submitting a FLO Logo Design

1. The logo must have the words: **Family Liaison Office, US Department of State** incorporated into the design.
2. The design should convey the messages that FLO: is a strong advocate for Foreign Service employees and families; provides programs and services that are tailored to meet changing Foreign Services family needs; defines family very broadly; and works to empower Foreign Service employees and families in their lives overseas.
3. The logo *may* include a tag line that you think incorporates the values of the Family Liaison Office.
4. The design should be distinctive, original, and relevant to FLO. You may attach an explanation of your design idea.
5. You may submit as many designs as you like.
6. We would like the design to be adaptable so that we can use a slightly different format for each of our different program areas as needed: CLO Program; Education and Youth; Crisis Management and Support; Unaccompanied Tours; Employment; and Naturalization. For example, perhaps the color of a particular design element will be different for each program area. Give samples of the logo variations if possible.
7. The design must be the original work of the submitter and must be free of any copyright or other intellectual property claims.
8. You are not confined to any particular colors.
9. The design should adapt well to electronic media, printed media, reduction to small sizes, in one-color and full-color, and on light or dark backgrounds.
10. Please send submissions in an electronic format to: [FLO@state.gov](mailto:FLO@state.gov) by November 30, 2007.
11. All Foreign Service employees and family members (18 and over), both professional and non-professional artists and graphic designers, may submit designs. •

## Domestic Violence: It affects us all By Bridget Roddy

*For help  
anywhere,  
anytime call:*  
**The Domestic  
Violence  
Hotline**  
1-800-799-SAFE

You may know someone who is a victim of domestic violence and not even be aware of it. Often shrouded in silence, domestic violence is an insidious family tragedy with multiple health and social consequences. And it can just as easily occur in a family living overseas as it can in the US. Domestic violence is not always limited to physical abuse; it may also include abuse that is psychological, verbal, sexual, or emotional that occurs in a family or household situation. While women are most frequently the victims of domestic violence, some men suffer as well. Children may also be affected as they witness these acts or are abused themselves. Domestic violence not only affects the family in which the abuse occurs, but may also touch extended family, friends, and even the community.

### *Resources are Available*

If you or someone you know is a victim of domestic violence, getting the appropriate help while living overseas can seem overwhelming. But resources are available for family members living overseas—and in the US.

### *At Post*

Coping with personal crises in the face of the unique challenges associated with service overseas requires a strong support system. The **Community Liaison Office (CLO)** Coordinator at post can provide confidential support to individuals within the community and provide appropriate resources and referrals.

While there is no legal mandate to report spouse abuse, anyone who knows of it is strongly encouraged to report it to the **Family Advocacy Officer (FAO)** at post. The FAO, generally the Deputy Chief of Mission, is responsible for receiving and acting upon reports of suspected child neglect and domestic violence.

### *In Washington*

#### **Family Advocacy Program (3 FAM 1810)**

The purpose of the Department of State's Family Advocacy Program is to prevent and effectively respond to suspected abuse, child neglect, and domestic violence involving Department of State employees and all persons subject to chief of mission authority at posts abroad, including Foreign Service National (FSN) employees and other locally employed staff.

<http://arpsdir.a.state.gov/fam/03fam/03fam1810.html>

The **Family Liaison Office (FLO)** in Washington is also a good source of information and support to those living overseas as well as in Washington. Guidance and assistance is available from FLO's Support Services Officer and members of the FLO support staff. We also have a list of advocacy resources in the Washington D.C. area. Email FLO at: [FLOAskSupportServices@state.gov](mailto:FLOAskSupportServices@state.gov) or call: (202) 647-1076 or (800) 440-0397. Visit the FLO internet website at: <http://www.state.gov/m/dghr/flo/>

### *For State Department employees and family members*

At the Department of State headquarters, any person who suspects that an employee is involved in domestic violence should report such information to DS/ICI/PR, a division of the Bureau of Diplomatic Security's Office of Investigations and Counterintelligence. This office investigates allegations of misconduct against State Department Foreign Service and Civil Service em-

***What is InfoQuest?***

It is the Department of State's program name for LifeCare, a comprehensive and confidential resource and referral service that offers support to employees searching for ways to balance the demands of their professional and personal lives. Since May 2000, the Department has contracted with Federal Occupational Health (FOH) to offer this benefit at no cost to all Department employees, (full-time, part-time, permanent or temporary), overseas Family Member Appointees, and their family members.

employees, as well as DOS contractors, both domestically and overseas. Investigations range from administrative issues such as misuse of a credit card or serious security violations, to criminal cases such as child and spousal abuse. If you suspect employee misconduct, or have an issue you would like to discuss with a DS/PR special agent, contact the [Office of Professional Responsibility](mailto:professionalresponsibility@state.gov) at [professionalresponsibility@state.gov](mailto:professionalresponsibility@state.gov)

**Employee Consultation Service (MED/ECS)**

Foreign Service and Civil Service employees may contact the ECS staff to discuss concerns of an individual, couple/marital, family, or workplace nature. The staff is comprised of experienced professional social workers who offer confidential employee assistance short-term counseling and referral assistance with psychosocial and administrative support to families experiencing difficulties such as domestic violence.

Tel: (202) 663-1815

Email: [MEDECS@state.gov](mailto:MEDECS@state.gov)

**InfoQuest** provides: **Information and Guidance**—empathetic counselors are available to talk to and furnish helpful information and referrals; **Referrals and Hotlines**—counselors can confidentially refer to Domestic Abuse Hotlines, shelters and support groups that can provide immediate assistance; and **Educational Materials**—log on to the website to read helpful articles on topics such as: recognizing symptoms of abuse, creating a safety plan, helping friends or family in need, and seeking help. Or call a specialist for printed guides. For assistance logging on, contact the Help Desk at 888-604-9565. Or Call Toll-Free — 24 hours a day: 1-866-552-IQ4U (4748), any time of the day or night. For TDD/TTY service, call 800-873-1322.. Or email a specialist directly at [Specialist@LifeCare.com](mailto:Specialist@LifeCare.com). •

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*The author is a FLO Program Specialist who handles issues related to crisis management and education and youth*

## Singles Survey Coming from FLO

***Attention Singles***

FLO will be sending out a Survey designed to specifically address your issues and concerns.

The Family Liaison Office (FLO) is conducting a survey of single direct-hire Foreign Service employees. We would like to know not only what your needs and concerns as singles are, but also what concrete ideas you may have to help us better target the services and programs that FLO provides to meet those needs. Recognizing that Foreign Service singles are by no means a homogenous group, we are hoping that anyone in the Foreign Service who is not married, whether they have a partner, children, or other family living with them or not, will take the time to fill out this survey. We are looking forward to compiling the survey data and to working to find ways to improve our services to you. Details will follow soon but look for the survey on our Intranet website in November.

## Two Ways to Check the Status of your Application for Expeditious Naturalization

By Alicia Martini

### Who Qualifies for Naturalization Assistance from the Family Liaison Office?

A foreign-born spouse must have entered the U.S. legally and have Legal Permanent Resident Alien status in the U.S. (The status may be conditional and if a "green card" has not been issued yet, an "A" number in the passport with the annotation "processed for I-551" is sufficient.)

The spouse must be going with the employee on an overseas assignment or currently be at post with the employee AND must have at least one year left at post at the time of naturalization. **Please note: USCIS will not waive this requirement.**

Naturalization cannot take place more than 45 days prior to departure from the U.S. to post. You may, however, apply and start the process if you have received your post assignment notification.

While FLO does not accept applications and documentation, FLO will write cover letters and offer advice on the process. Applicants may call FLO's Reception Desk at (202) 647-1076 or email: [FLOASKNATURALIZATION@STATE.GOV](mailto:FLOASKNATURALIZATION@STATE.GOV)

**What is the status of my case?** This is by far the most common question received by the FLO Naturalization Specialist after a client has filed a 319 (b) application for Expeditious Naturalization. The Naturalization Specialist is happy to assist with these inquiries; however, you may not know that FLO simply acts as a "messenger" in this process. FLO does not have direct access to USCIS application information and we must forward all requests for case status to our contacts at the USCIS Washington District Office in Fairfax, VA.

There is a better way. FLO would like you to know that there are two ways you can contact USCIS directly to check the status of your 319(b) application any time you like.

**Either:** Try the [online case status](#) at USCIS online. Click on "Case Status On-line" in the upper right corner and follow the instructions. The sticking point is that you need your EAC receipt number for this to work. If you have not received the receipt notice, this service will not help you yet. Once you get the receipt, this is the best way to check on your case.

**Or:** Email: [wasn400.overseas@dhs.gov](mailto:wasn400.overseas@dhs.gov). This email box has been set up to handle inquiries about Expeditious Naturalization cases at the USCIS Washington District Field Office in Fairfax, VA and will be answered by an expert from USCIS. Be sure to include your spouse's name and "a-number" in the subject line of the email. USCIS identifies each case by the "a-number" so it is very important to include that number on all correspondence. Additionally, please remember to copy [FLOASKNATURALIZATION@STATE.GOV](mailto:FLOASKNATURALIZATION@STATE.GOV) on any emails to USCIS so FLO can follow-up on your request if necessary.

In most cases, FLO should be your first point of contact. You can, however, send emails to USCIS to request a status check from time to time; it is much more efficient for you to go straight to USCIS for this type of information. All other questions or concerns should be directed to the FLO office. Please contact USCIS only when necessary; for instance, a status check every week is probably too often; once a month would be much more reasonable. Also, please wait at least six weeks after submitting your case before making an initial inquiry; it takes about that long for your case to make its way to Vermont and be entered into the USCIS database.

Finally, the FLO Naturalization Specialist is here to facilitate your case, offer advice and guidance on the Expeditious Naturalization process and liaise with USCIS. Please do not hesitate to email [FLOASKNATURALIZATION@STATE.GOV](mailto:FLOASKNATURALIZATION@STATE.GOV) for any reason. The two methods mentioned above are meant only to supplement the services offered by FLO and allow you more control of and access to your 319(b) application after it has been submitted. Remember, you can find up-to-date information about all aspects of Expeditious Naturalization on the FLO Naturalization internet site at <http://www.state.gov/m/dghr/flo/c1966.htm>.

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*The author is the FLO Naturalization Program Specialist*

## The Boarding School Option

**For more information** about boarding schools or other education and youth issues, please go to our website at:

<http://www.state.gov/m/dghr/flo/c1958.htm>

Or email FLO at:  
[FLOAskEducation@state.gov](mailto:FLOAskEducation@state.gov)

With changes in the tour extension policy, unaccompanied tours, families with special needs children, and other complicating factors, more and more Foreign Service parents are considering boarding school as a viable educational option for their young people. Boarding school is not a typical choice for most American parents so a few guidelines may be helpful.

Plan ahead. Many selective boarding schools require standardized testing, interviews, recommendations and other materials typical of a college application. At least a year's lead time is appropriate.

Choose a boarding school that is a good fit for your child based on academic prowess, learning style, sports and hobbies and social preferences.

Consider ease of travel for your child and yourself. Proximity of an international airport may be important. Be aware that fine American-style boarding schools are located around the world, not just in the US

Think about the location of family and close friends for long weekends, Thanksgiving and other occasions when you can't be there.

The FLO Education and Youth Officer can help you identify schools that are appropriate and watch for our article on boarding schools in the December edition of the Foreign Service Journal.

## Communications and Outreach

### ***FLO Weekly Update Coming to an Embassy Newsletter Near you!***

Beginning in November, FLO will be publishing a weekly update of FLO related news, information, events and activities that Foreign Service employees and family members need to know about. We will be distributing this one page update through the Community Liaison Office Coordinators to attach to Embassy newsletters.

### **New FLO Communications and Outreach Coordinator**

Kathryn Viguerie recently joined the FLO staff as the Communications and Outreach Coordinator, responsible for FLO's publications, websites, and outreach strategy. She was most recently the CLO coordinator in Moscow, Russia and previously served as CLO Coordinator in Dhaka, Bangladesh. Before serving in Moscow, she worked doing communications and outreach for a large U.S. based NGO and she spent many years working for the US Department of Health and Human Services. She can be reached at: [viguerieke@state.gov](mailto:viguerieke@state.gov)

## GEI/SNAP Program Expands with More Posts and Training for Advisors

By Veronique Anderson

### What is GEI/SNAP?

The Family Liaison Office's Global Employment Initiative/Strategic Networking Assistance Program (GEI/SNAP) is designed to help family members with career development and identification of employment opportunities. GEI/SNAP establishes global partnerships with multinational corporations, organizations, and NGOs to provide U.S. Department of State and other Foreign Service agency family members with the contacts necessary to develop and sustain their career ambitions while living abroad.

A team of Global Employment Advisors (GEAs), country-specific employment experts working out of U.S. Missions, represents the program on local and regional levels overseas. Global Employment Advisors assist family members in identifying employment on the local economy by building networks of potential local employers and providing coaching, workshops and other career development services.

For more information on the GEI/SNAP program or to find out if there is a program at your Embassy, go to:

<http://www.state.gov/m/dghr/flo/c21627.htm>

or email: [FLOAskEmployment@state.gov](mailto:FLOAskEmployment@state.gov)

Over the last year, the Family Liaison Office has been actively expanding its Global Employment Initiative/Strategic Networking Assistance Program (GEI/SNAP). The program has opened six new field offices at posts in Kuwait, Bogota, Brasilia, São Paulo, Paris, Yerevan, and Manila, and has also extended regional pilots to Copenhagen, Sarajevo, Quito and Guayaquil, Guatemala, and Tegucigalpa. In addition, FLO's 2 year pilots in Belgrade, Lima and Rome have all successfully transferred to ICASS funding.

FLO hosted the 2007 Professional Skills Development Training Conference for the GEI/SNAP during the week of September 17-21, 2007. The conference was held in the newly renovated George C. Marshall Conference Center and East Auditorium in the Department of State. A total of 22 Global Employment Advisors (GEAs) from GEI/SNAP field offices overseas attended training, representing 37 posts in 32 countries.

The 5-day, intensive training included sessions on the fundamentals of placement strategies, effective networking techniques, career counseling and development, internal and external program marketing, regional synergies and best practices in the field. In addition to presentations on several FLO portfolios, the training included sessions with representatives from SOPEXA Mexico, Manpower, and Going Global. The GEAs also had the opportunity to meet with Deputy Secretary Negroponte and discuss the program.

In conjunction with the training conference, Acting Director General Ambassador Heather Hodges hosted a GEA awards ceremony and GEI/SNAP networking reception in the Benjamin Franklin Room of the Department of State. Deputy Assistant Secretary Teddy Taylor presented awards to three GEAs for outstanding performance in the placement of Foreign Service family members in professional positions overseas. The event was attended by a large number of senior executives and representatives from private industry, government, non-governmental and academic organizations. The event provided a showcase for the opportunities GEI/SNAP offers prospective employers as well as the successes GEAs have achieved for Foreign Service family members overseas.

### New UT Product Coming from FLO

A new publication, “A Decision Tree: to help you decide where to live during an Unaccompanied Tour” will soon be available on the Internet at: [www.state.gov/m/dghr/flo/c14521.htm](http://www.state.gov/m/dghr/flo/c14521.htm).

This document contains information on the allowances and other benefits and consequences of choosing one location over another for the family to live during an UT.

This document will also be featured in a new section called “Before You Bid” under the “Unaccompanied Tours: Support and Information” section soon to appear on the *Intranet*. “Before You Bid” will have articles and links to resources to help you gather all the information necessary to make an informed decision.

As always, if you need additional information, please contact the UT Support Officer at:

[FLOaskUT@state.gov](mailto:FLOaskUT@state.gov)  
Phone; 202-647-3179 or 800-440-0397

## Upcoming *Unaccompanied Tour* Events Worldwide and in Washington

### 2<sup>nd</sup> Annual UT Information Fair and Pizza Party Sunday November 4 (DC Metro area), 2:00—4:00PM

Co-hosted by FLO and AAFSW (the Associates of the American Foreign Service Worldwide). For employees and family members experiencing (past, present or future) an unaccompanied tour. Bring the children! This is being held at the private residence of a UT “alumna” so the address will be provided to those who RSVP to [FLOaskUT@state.gov](mailto:FLOaskUT@state.gov) or by calling 202-647-3179. Please RSVP no later than November 1<sup>st</sup>.

### Orientation Session via Conference Call and Simultaneous Power Point Web Cast Wednesday, November 14, worldwide, 6:00AM EST.

This will acquaint you with the range of support services available to employees and family members through FLO and other DOS offices. It is also a chance to ask the UT Support Officer questions—and have a live conversation with others in the same situation. To get instructions on how to participate, write [FLOaskUT@state.gov](mailto:FLOaskUT@state.gov) or call 202-647-3179 or 1-800-440-0397.

### Noontime Networking November 14 (DC Metro area)

This informal no-host lunch, will have a new time and place. It is being moved up to the second week in November to accommodate Thanksgiving and it will be a Brown Bag in the FLO Conference Room (HST 1239). Open to employees and family members contemplating a UT, in the middle of a UT, or alumni as well as tandems with separated assignments. All are welcome to share stories, ask questions, and network.

### Sneak Preview: December 4 or 5 (Ft. Lauderdale, Florida)

FLO’s UT Support Officer is making arrangements to have a brown bag lunch at the Department’s facilities in Ft. Lauderdale. We will have a conference call (toll-free) set up to accommodate those who can not attend. Several of the officers at the Ft. Lauderdale facility have served UTs and some of them will join us. This is an opportunity to meet and talk to others who have been through a UT. Watch for further details or write [FLOaskUT@state.gov](mailto:FLOaskUT@state.gov); call 202-647-3179 or 1-800-440-

**FLO Staff**

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Alicia Martini

**Employment Reports  
Coordinator**  
Louis Wells

**Unaccompanied Tours  
Support Officer**  
Nan Leininger

**Executive Assistant**  
Kathy Loken

## Click Your Way to FLO Resources

### FLO Homepage on the Internet

<http://www.state.gov/m/dghr/flo>

### FLO Homepage on the Intranet

<http://hrweb.hr.state.gov/flo/index.html>



*To assist families who may not have access to the State Department Intranet, FLO strives to put as many of our resource materials as we are able on the Internet. If you can not find what you are looking for, please contact FLO by email at: [FLO@state.gov](mailto:FLO@state.gov) or call us at: 202-647-1076 or 1-800--440-0397*

### Family Member Employment Resources

***The Network*** – Receive DC area job postings via email and find other job search resources on the FLO webpage.

**PIT Buyback Program Guidance and Instructions** on FLO's Internet website: <http://www.state.gov/m/dghr/flo/62628.htm>.

**Job Seekers Network Group** supports the DC area job seeker. Calendar- <http://www.state.gov/documents/organization/37848.pdf>

**FLO Publications** on the Internet may be found at <http://www.state.gov/m/dghr/flo/rsrscs/pubs/>

### To subscribe to *Family Liaison Office FS Direct*:

**Internet:** <http://www.state.gov/m/dghr/flo/c9156.htm>

**Intranet:** <http://hrweb.hr.state.gov/FLO/FLOSubscription.html>

**Via AAFSW:** Visit the FLO area of the AAFSW web site at <http://www.aafsw.org> and click on FLO newsletters.

**FS Direct** is also available for viewing on the FLO Internet web site at <http://www.state.gov/m/dghr/flo/rsrscs/pubs/c5709.htm>

*FS Direct is a publication of the Family Liaison Office, compiled and edited by the Communications and Outreach Coordinator. Please direct comments or question about the publication to: [viguerieke@state.gov](mailto:viguerieke@state.gov)*