

Unaccompanied but not alone, GCLO is with you!

Unaccompanied Tours (UT) Support Resources

Resources Available on GCLO's Website:

- Before, During, and After an Unaccompanied Tour
- Decision Tree: Where to Live During a UT
- Unaccompanied Tours and Children
- Involuntary Separate Maintenance Allowance (ISMA)
- Travel of Children of Separated Families (3 FAM 3750)

Important Phone Numbers:

- Global Community Liaison Office: 202-647-1076
- Department of State Main Operator: 202-647-4000
- Department of State Operations Center (emergencies only): 202-647-1512



Support Resources

GCLO UT Support Team

www.state.gov/gclo/keytopics
202-647-1076

Contact GCLO with any questions or concerns before, during, and after your UT.

Email GCLOAskUT@state.gov to request the following forms:

- **UT Contact Form**

Receive communication from GCLO about UT resources, programs, and services.

- **Children's Medals and Certificates of Recognition Nomination Form**

If you are nearing the end of your officially designated unaccompanied tour, nominate your child for a medal and certificate. (Employees from the five Foreign Affairs agencies are eligible to participate.)

Other Resources

Overseas Briefing Center

www.bit.ly/OverseasBriefingCenter
Research life at overseas posts and find resources to help navigate the Foreign Affairs lifestyle.

WorkLife4You

www.worklife4you.com
Login: statedepartment.gov/PW: infoquest
866-552-4748

WorkLife4You is the contracted resource and referral service for U.S. Department of State employees and family members. Find resources on schools, eldercare, legal services, and more. Specialists are available 24/7.

USAID Staff Care

www.usaid.gov/staffcare
877-988-7243
Available 24/7, Staff Care provides free, confidential support by phone, email, or web to USAID staff and family members.

Employee Consultation Services (ECS)

MEDECS@state.gov
703-812-2257

The **Employee Assistance Program (EAP)** offers U.S. Department of State employees free, confidential counseling with professional clinical social workers.

The **Deployment Stress Management Program (DSMP)** is located within the Bureau of Medical Services and provides support and services to U.S. Department of State and USAID personnel in route to or returning from High Stress/High Threat/Unaccompanied Tours. The DSMP can assist those experiencing stress related symptoms, and offers prevention, education, assessment, and counseling, as well as referral services covering the spectrum of the deployment cycle.

Employees and family members looking for agency specific resources can contact GCLOAskUT@state.gov for assistance.