

# Separation and Divorce in the Foreign Service

## Resources & Support

When marital issues arise, the Global Community Liaison Office (GCLLO) has resources to help you be more informed and feel less alone. GCLLO suggests a variety of tools you might need during some of these most challenging times.

### GCLLO's Role

The Global Community Liaison Office provides guidance and resources to Foreign Service employees and family members who are experiencing a separation or undergoing a divorce. GCLLO helps guide couples as they navigate the issues unique to the Foreign Service and international living.

### Our Resources

[www.state.gov/gclo/keytopics](http://www.state.gov/gclo/keytopics)  
[GCLLOAskSupportServices@state.gov](mailto:GCLLOAskSupportServices@state.gov)

- Separation and Divorce: Responsibilities and Resources Cable
- Divorce and the Foreign Service Guide
- Divorce in the Foreign Service FAQs
- Travel of Separated Families



# Other Resources

## Employee Consultation Services (ECS)

[MEDECS@state.gov](mailto:MEDECS@state.gov)

202-634-4874

ECS offers U.S. Department of State employees and family members free, 24/7 confidential short-term counseling and referrals with licensed clinical social workers. ECS has a monthly divorce support group that meets at the U.S. Department of State.

## WorkLife4You (WL4Y)

[worklife4you.com](http://worklife4you.com)

Login: statedepartment/Password: infoquest

866-552-4748

WL4Y is the contracted resource and referral service for U.S. Department of State employees and family members. WL4Y provides information on topics ranging from legal services and financial planning to child care, schools, and eldercare.

## Retirement Network (RNET)

<https://rnet.state.gov>

202-261-8960

RNET provides guidance to retiring Foreign Service employees and their spouses (including former spouses) who may be entitled to a number of employee pension, survivor, and health benefits.

## USAID Staff Care

[staffcare.usaid.gov](http://staffcare.usaid.gov)

877-988-7243

All USAID staff and family members have access to free, confidential assistance with any work, life, personal, or family concern. Services and support are available worldwide.

## Military OneSource

[www.militaryonesource.mil](http://www.militaryonesource.mil)

800-342-9647

Military OneSource offers free military legal assistance, non-medical counseling, health and wellness coaching, and personal financial counseling to military service members, families, and survivors.

Employees of other agencies should check with their headquarters for guidance pertaining to their contracted Employee Assistance Program.